



Personal Med. Journal

By Mr Jesse D Meppen

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 128 pages. Dimensions: 11.0in. x 8.5in. x 0.3in. This book was designed in loving memory of Richard Grant White, August 13, 1916 - February 29, 2011, beloved father, grandfather, and great-grandfather. During his last couple of months on earth, it became evident that an organization system needed to be created to help document important medical information such as but not limited to: prescribed medicines, vitamins, meals, and blood sugar levels. Created by his grandson Jesse Meppen, the homemade journal helped keep family, friends, and doctors informed. While visiting the ER, Jesse brought the book along and showed the attending physician the recorded information. From medical records on file and the personal records kept in the homemade journal, the ER doctor was quickly able to point out the problem: he was not taking the right medications as prescribed. Whether taking care of a loved one or taking care of yourself, this friendly record keeping system makes it easy to keep track of important information day to day. We wish you all the best and hope that this tool will help insure that proper care and attention is being made...

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