



## Unlock Your Energy from Chakras

By Naomi Ozaniec

HODDER EDUCATION, United Kingdom, 2011. Paperback. Book Condition: New. 172 x 108 mm. Language: English . Brand New Book. The books in this bite-sized new series contain no complicated techniques or tricky materials, making them ideal for the busy, the time-pressured or the merely curious. Unlock Your Energy From Chakras is a short, simple and to-the-point guide to learning the basic properties of chakras in a few short steps. Whether you seek healing, peace or are just interested, in just 96 pages you will discover how to harness the powers of the chakras, and feel invigorated and inspired. discover the seven chakras awaken your inner power free blocked energy centres balance your chakras energize your life.



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