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# 2 MINUTES OR LESS: RETRAIN YOUR BRAIN TO RECLAIM YOUR TIME, SPACES, AND LIFE. 2 MINUTES AT A TIME!



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Rebecca Gutwein (illustrator). 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Whether you are the CEO of a company, student entering college, small business owner, empty-nester, or homemaker, you will find value in these pages. The guiding principle in this book is very simple to follow. Some of the ideas will resonate with you, but more importantly, they will prompt you to think...

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- Authored by Lynn Reding
- Released at 2016



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