



## The Genesee Valley Cook Book (Classic Reprint)

By Angelina Jenkins Mumford

Forgotten Books. Paperback. Condition: New. This item is printed on demand. 118 pages.

Dimensions: 9.0in. x 6.0in. x 0.2in. Excerpt from The Genesee Valley Cook Book  
**Beef Soup** A shin of beef, the bone cut in two. Add eight quarts of water. Let stand on a warm hearth for three hours, then boil it slowly. Stand it aside over night. In the morning take off the fat; add three carrots, three onions, one turnip, twelve cloves, twenty-four allspice, a little pepper and salt. Boil thoroughly. When done, strain and add dessertspoon brown sugar. To Prepare Veal  
**Take the breast of veal**, slip out the bones, cover it an inch thick with a rich dressing in which is a little onion (like that for duck). Roll it over, tie tightly at each end and bake. When done, make a gravy and pour over it. To Prepare Veal  
**Three and one-half pounds of the nicest parts of the lean and fat of a leg of veal**. Six small crackers, pounded fine, two eggs, piece of butter size of an egg, one tablespoon black pepper, one nutmeg, slice of salt pork, and a little parsley. About the Publisher  
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