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100 UNDER 200 CALORIE DESSERTS: LOW CALORIE CAKES, SWEETS COOKIES (PAPERBACK)



Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. 100 Under 200 Calorie Desserts is a collection of easy-to-make, delicious calorie counted cakes, cookies, scoops and ices, and pies which will satisfy your yen for sweet treats without piling on the pounds. Beth Christian is a self-confessed chocoholic who has always found it impossible to deny herself sweet treats, so she needed to find low-calorie alternatives for her favorite desserts. With...

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- Authored by Beth Christian
- Released at 2013



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