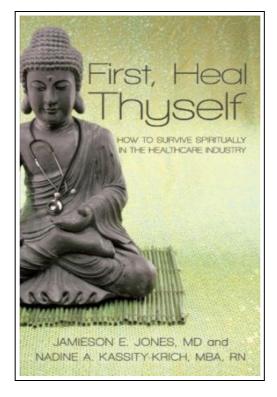
# First, Heal Thyself: How to Survive Spiritually in the Healthcare Industry



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# Reviews

Thorough information! Its this kind of good read. Yes, it is perform, continue to an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book. (Loyal Grady)

### FIRST, HEAL THYSELF: HOW TO SURVIVE SPIRITUALLY IN THE HEALTHCARE INDUSTRY



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iUniverse, United States, 2010. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. First, Heal Thyself applies spiritual and psychological principles to one of the most stressful of life s circumstances, that of caring for the ill. By distilling some basic tenets of personal growth and conveying them in easy-to-learn, practical steps, the readers relationships with themselves, patients, co-workers, and the institutions in which they work will be transformed. They ll see their place in medicine differently and be better able to deal with others in a way that can turn any encounter into a healing situation. First, Heal Thyself was written by a physician and a nurse-two authors integrating three disciplines of physical, emotional, and spiritual healing. Each author is well-established in their field and is highly experienced in personal and organizational healing. With over thirty years of combined experience in healthcare and healing work, they inject a human prescription for what ails medicine. This is the first book to look at healthcare from the inside out, changing the system by starting with the true essence of healing: relationships. It pioneers the idea that a healer s relationship to others is an extension of their relationship to themselves.

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