



Before Tomorrow

By Smita Jayakar

Partridge Publishing, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.A Bollywood actor who leads a seemingly glamorous life on the surface, but behind the lights, camera, and action is a woman struggling with issues that are eroding her very belief in existence. What happens next is a stuff that can make for a great movie: She stumbles upon the path to self-discovery that transforms not just who she is but her entire life. But this is not what this book that you hold is about. It s about the journey of the very same actor s spiritual exploration that has lasted nearly three decades and what she has learned and experienced. (This is exactly where most people will put it right down.) Yet it is not a boring biography. Nor is it a spiritual rambling of a celebrity on a high. There s no discourse on curbing your materialistic pursuits or calls for giving up worldly pleasures. It s simply an invitation to consider another way of looking at life and at yourself. If you will, you can call it a practical manual to upgrade your...

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