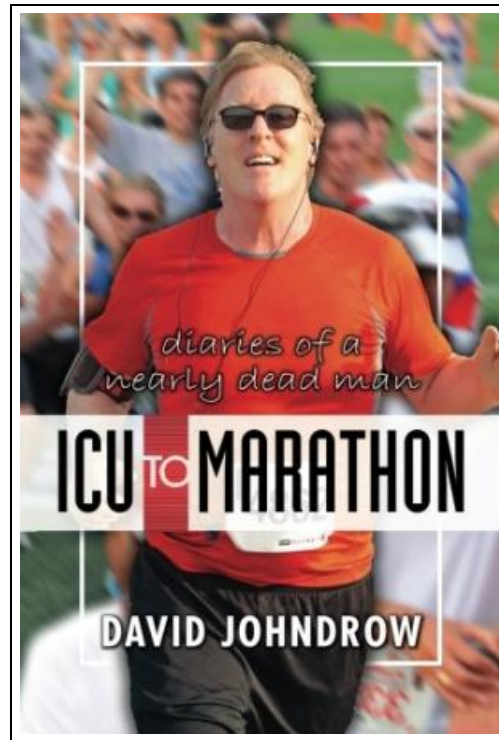


## ICU to Marathon: Diaries of a Nearly Dead Man



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## ICU TO MARATHON: DIARIES OF A NEARLY DEAD MAN



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 210 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. As funny as it is dramatic, ICU to Marathon - Diaries of a Nearly Dead Man by David Johndrow will capture your heart and inspire you to try harder, laugh more and maybe even pray. Survivor of a rare and often deadly heart disease called Viral Myocarditis, David, candidly records his journey from the fear and desperation during his sickness, to the emotional victory as he crosses the finish line of the Cape Cod Marathon - a testament of his faith and perseverance. This is a story of survival and one of hope. Its also pretty darned funny, chock full of fastidious fitness and weight loss information, clad with passion, shrouded in mystery, and contains a number of completely authentic fabrications. There is even a whodunit and enough information on sex to make you smile. What can I say about ICU to Marathon: Diaries of a Nearly Dead Man Words like witty, brilliant and genius come to mind. . . but since David hasnt sent me another check Ill have to stop there! Seriously, this was one of the most encouraging and inspirational reads Ive had the privilege of picking up in a while. Reading about how far David has come and what he has accomplished is nothing short of amazing. And add to this his story telling abilities and wit and you have a winner in this book. This is a must read for anyone who wants to make the cant in their life smaller! Rev. Bobby Daniel, LA This book has inspired me to become a better person both physically and mentally. Through humor and non-negotiable facts (cant argue the truth), this book proves that anything is possible...



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