



Three Strikes, You re in (Paperback)

By Rusty Russo

Dog Ear Publishing, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. My book is an autobiography about surviving cancer, three times, over the course of sixteen years. As the author of the book, I describe the trials and tribulations of having cancer, and how I fought the battle with the help of my family and friends. The book is not all gloom and doom; it is humorous, as well. Some of the events help to keep it upbeat and positive. The book s ending is inspirational because of its Rocky/Karate Kid ending. I am confident that anyone who reads this story and has cancer, or is close to someone that has cancer, will find that the story will help him/her through the turmoil, in a positive way. How I evolved from cancer patient to cancer survivor is the crux of my book. I decided not to take my diagnosis as a death sentence, but instead, as a bridge to a new way of life. I set positive goals for myself and created a healthy environment for my body and mind to thrive in. While convalescing, for many months at home, I...

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