



Enlightenment Blues: My Years with an American Guru

By Andre Van Der Braak

Consortium Book Sales Dist, 2003. Paperback. Book Condition: New. 208 x 137 mm. Language: English . Brand New Book. Enlightenment Blues is Andre van der Braak s compelling first hand account of his relationship with a prominent spiritual teacher. It chronicles both the author s spiritual journey and disenchantment as well the development of a missionary and controversial community around the teacher. It powerfully exposes the problems and necessities of disentanglement from a spiritual path. Enlightenment Blues is the account of a young man s sincere and protracted struggle to transform his life according to the teachings of the American guru Andrew Cohen. Ruthlessly honest and unsettling, Andre van der Braak gives a vivid first-hand account of an uncompromising experiment in establishing Indian spirituality in a modern Western setting. This story is essential reading for anyone seeking to understand the allure and pitfalls of surrendering one s authority in the hope of spiritually transforming the world Stephen Batchelor, Author Buddhism without Beliefs Narrated with the psychological subtlety and drama of a good novel, Enlightenment Blues is a precise, profound dissection of the guru-devotee relationship. It should be required reading for all who are currently engaged in or considering studying under...

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