



## Jungle Story

By Abbie Davies

My First Yoga. Paperback. Condition: New. 40 pages. Dimensions: 8.3in. x 8.3in. x 0.1in. Kids Yoga: Toddler, Preschool and Kindergarten From the author of the award winning, My First Yoga: Animal Poses, comes an active adventure that leads readers through the jungle in search for a monkey. A series of yoga poses stretch both mind and body, providing young children with the mental and physical tools necessary to lead healthy, balanced lives. My First Yoga has gained nationwide attention in publications such as The New York Times, Yoga Journal, Businessweek, iVillage, Creative Child Magazine, Creative Living Magazine, The Boston Globe and Parents Magazine. Abbie Davies, owner and founder of My First Yoga, graduated from Harvard University where she studied how movement and exercise contribute to self-confidence and esteem. Abbie's love for yoga combined with her passion for athletics and children, translated into her development of the My First Yoga innovative curriculum. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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